

		dl	dt	dc	dj	dv	db	dg
06:45 - 07:30	COSMENT					BODYCORE		
08:30 - 09:00	COSMENT			BODYCORE	PILATES			
08:30 - 09:15	COSMENT	HATAIOGA	HIPOPRES/PILATES			BODYBALANCE		
09:15 - 10:00	COSMENT						PILATES	PILATES
10:00 - 10:45	COSMENT	BODYBALANCE						
10:15 - 11:00	COSMENT				HIPOPRES/PILATES			
11:00 - 11:45	COSMENT					HATAIOGA		
17:15 - 18:00	COSMENT	PILATES		BODYBALANCE				
18:15 - 19:00	COSMENT	BODYCORE	HIPOPRES/PILATES		BODYBALANCE			
19:15 - 20:00	COSMENT	PILATES	IOGAFLOW	BODYBALANCE	BODYCORE	PILATES		
20:15 - 21:00	COSMENT	BODYBALANCE	HATAIOGA	BODYCORE	PILATES			